

2009 Girls' Pacific District Select Camp Results

The Pacific District Female Program was once again well represented at the 2009 Pacific District Girls' Select Tryout on May 7 – 10, 2009. This event was held at Olympicview Ice Arena in Mountlake Terrace, Washington. In addition to 4 skates within a 2 1/2 day timeframe, the girls were able to participate in a few seminars. The Stick and Puck handling seminar was conducted by Christy Hickel Friday afternoon at the rink. Thanks, Christy for taking your time in helping the girls perfect their stick skills, the girls loved it! The next two seminars, directed by Chantelle Russell, dove into Sports Psychology/Nutrition and Sports Training. HMMMMM, I noticed some of the girls drinking a lot of chocolate milk - parents stock the fridge and ask questions! I understand during the Sports Training seminar there was something to do with an egg, chicken, dinosaur, etc. If you are interested, once again ask your daughters. Just for grins have them demonstrate! Our last seminar before they went to their rooms (probably completely exhausted from a fun filled day), was the Hockey Opportunities seminar. This was a very informative session for both the evaluators and the participants! The girls had free reign on whatever questions they wanted to ask the "panel" - and the questions were awesome! The panel consisted of an Olympian, two National Team players, Patty Kaizmeir winner, Division I coach and an International female referee. Annette Lin, the referee, added a totally different perspective on female hockey. Annette, used to play with some of these high level players when they were younger. Years later when officiating these same girls at the College, National or International level she was able to call penalties on them. That brought snickers from the crowd and the panel. Parents, you have raised amazing young ladies. The questions they asked were very thoughtful and mind provoking.

1992	Defense	Kiana	Nauheim	AK
1992	Forward	Elena	Orlando	NV
1992	Forward	Jordan	Smelker	AK
1992	Forward	Lauren	Straus	CA
1993	Defense	Alexander	Bender	WA
1993	Defense	Madison	Christoff	CA
1993	Defense	Dayna	Colang	AK
1993	Forward	Katherine	Burns	AK
1993	Forward	Chesley	Goldberg	CA
1993	Forward	Kaitlyn	Harding	AK
1994	Defense	Tori	Hickel	AK
1994	Defense	Lauren	Kilroy	CA
1994	Defense	Naomi	Woolfenden	WA
1994	Forward	Molly	Doner	WA
1994	Forward	Anne	Pankowski	CA
1994	Forward	Sarah	Robello	NV
1994	Goaltender	Celine	Whitlinger	CA
1995	Defense	Bridget	Baker	CA
1995	Defense	Sarah	Chen	CA
1995	Forward	Abigail	Gahm	AK
1995	Forward	Paige	Gast	CA
1995	Forward	Megan	Whiddon	CA
1995	Forward	Bailey	Wright	AK
1995	Goaltender	Ashley	Wilkes	AK