

# Introducing The 2010-2011 Midstate Special Hockey Program



- Hockey for those with Developmental Disabilities, Male and Female, Ages 5 and Up -

## ABOUT THE PROGRAM...

Can you play on your brother's, sister's, cousin's or best friend's hockey team? In most cases, the answer is NO. Even if you can during practices, will you be allowed to compete? That is where Special Hockey comes in. There are no age groups, no tryouts, no body checking. You do not even need to be able to skate! All you need is what most of you already have ... DESIRE.

The Midstate Youth Hockey Association's Special Hockey Program was formed to fill the need in Central New York for those with disabilities that would prohibit them from playing on other teams. You will learn to skate, how to hold a stick and handle the puck. Shooting, passing and making saves is all there for you to experience and learn as well. Participation is guaranteed at every practice and every game. Set your own goals and we will help you achieve them. Special Hockey allows the developmentally challenged to achieve your goals on your own schedule.

You will learn about teamwork, gain self-confidence and self esteem. The program emphasizes the development of desirable individual characteristics such as dependability, self-reliance, concentration, willingness to share and personal accountability. The game of hockey is used to develop, within each player, characteristics that will assist them in becoming successful both inside and outside the hockey environment.

You will learn from USA Hockey certified coaches, players and, most importantly, your peers. Any athlete, age 5 and up, with a developmental disability (who is physically able), is invited to join the team and play ice hockey in an environment that is adapted to their personal ability level.



Photo courtesy of Southern Connecticut Storm Special Hockey, Inc.

## PROGRAM INCLUDES...

- Weekly One Hour Sessions
- Team Jersey
- End of Season Party
- Player Awards

## WHAT EQUIPMENT IS NEEDED?

Every player must be equipped with a full set of approved proper fitting equipment.

## LOCATION:

The Coca-Cola Coliseum at the New York State Fairgrounds  
Syracuse, New York

## WHEN:

Sunday mornings or afternoons  
Beginning early November  
Concluding early March

## REGISTRATION:

Shall be posted on the Midstate Youth Hockey Association's Website  
([www.midstatehockey.com](http://www.midstatehockey.com)) or available by contacting Cory Jenner – 315-440-4324

## FEES:

\$175 MYHA Registration Fee  
\$30 USA Hockey Membership



## CONTACT:

Cory Jenner  
Special Hockey Program Director  
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*"Providing friendships, independence and self esteem for children and young adults with developmental disabilities."*

Midstate Hockey is affiliated with USA Hockey, Special Hockey International  
and the American Special Hockey Association