

## Montgomery Cheetahs Year 2 Vol. 1

June 13, 2007

New web site link: [http://edit.usahockey.com/montgomery\\_spe/main\\_site/main/home//](http://edit.usahockey.com/montgomery_spe/main_site/main/home//)

Good afternoon,

It is almost time for Ice Hockey again! Cheetahs, get out your equipment and skates! Mentors and coaches Lucia and Schwab, the athletes are looking forward to seeing you again. This is our first time on the ice since our debut in the Special Hockey International Tourney in April.

Our summer sessions begin at 8 am, which means it is important to arrive by 7:30 to allow time to be matched with a mentor and to put on the skates/equipment.

Welcome to the new players and mentors. We look forward to meeting you. Remember, everyone on the ice must wear an ice hockey helmet. These are available at area ice rinks and sporting goods stores.

Please see below for more specific information/announcements.

Kelly Thackston

kcthackston@hotmail.com

Cheetah parent/volunteer

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### I. Schedule

Arrive about 30 minutes before ice time (7:30am) to get equipment on/matched with a mentor.

ARC Rockville Ice Arena

50 Southlawn Court

Rockville, MD 20850

301-294-8101

<http://www.rockvilleicearena.com>

Date	Day	Start time	End time
06/16/07	Saturday	8:00 AM	8:50 AM
06/23/07	Saturday	8:00 AM	8:50 AM
06/30/07	Saturday	8:00 AM	8:50 AM
07/7/07	Saturday	8:00 AM	8:50 AM
07/14/07	Saturday	8:00 AM	8:50 AM

## **II. Messages from Coach Schwab**

### **A. Tourney news**

Hello everyone,

During our next scheduled practice, I will be handing out medals to those players who participated in the Special Hockey Tournament last month. In addition to these medals, I have additional items to hand out to Amir and Zach, who participated in the Washington Capitals shootout at the Verizon Center this season.

I hope that everyone is as excited as I am to get back out on the ice. Our players, mentors, and parents have all contributed to the success the Cheetahs have had so far.

Also, get ready to join our other local Special Hockey teams this Summer for a picnic and other fun activities for the entire family!

Coach David S.

### **B. Hockey link**

Hello everyone,

Here is some hockey specific training information that is applicable to players at every level.

<http://www.lifetimehockey.com/Conditioning.htm#stretching>

Coach Schwab

## **III. Practice Jerseys**

Just a reminder, the practice jerseys the Simons family ordered for mentors and players are in! They will be distributed at an upcoming practice.

Thank you so much Simons family.

## **IV. Web site**

We have a new link to our web site:

[http://edit.usahockey.com/montgomery\\_spe/main\\_site/main/home///](http://edit.usahockey.com/montgomery_spe/main_site/main/home///)

Thanks to webmaster Betty Levine, a Cheetah mentor parent, who is keeping track of our web site. USA Hockey is revamping their site, so this link is only temporary.

At this time, we are unable to put new information onto the site. I will email you as new details develop.

## **V. Fall Schedule/Ice Time**

While a final schedule has not yet been developed for the Fall, it looks like we will have a Saturday ice time from 12 noon to 1pm on a full sheet of ice after a third rink is completed at the arena – around January.

We'll let you know times/dates once we have a full fall schedule finalized.

## **VI. Contacts**

Questions? Contact a contact.

David Schwab  
dsterp93@yahoo.com  
Montgomery Cheetah Coach

David Lucia  
davide.lucia@pentagon.af.mil  
Montgomery Cheetah Coach

Steve Berk  
Steven@chavezgertler.com  
Lead coordinator

Niki Bouvier  
nbouvier@verizon.net  
Liaison to American Special Hockey Association (ASHA) and Montgomery Youth Hockey Association (MYHA). ASHA can help us with coaching, equipment and tournaments. Parent email. USA Hockey registration

Kelly Thackston  
kcthackston@hotmail.com  
Special Hockey Montgomery newsletter/parent information. USA Hockey registration.

Sutura Bobbo  
suturaabello@hotmail.com  
Coordinates registration of new and existing skaters, forms etc. USA Hockey registration.

Carol Hyndman  
clhyndman@comcast.net  
Equipment and uniforms (yes uniforms) coordinator.

Lynn Weintraub  
hibob99@aol.com  
Coordinator for our many (and enthusiastic) mentors.

Andrea Golden  
goldnfam@comcast.net

Educates mentors and coordinates our outreach to the autism/special needs community.