

Enrollment Agreement & Release, Waiver of Liability and Hold Harmless Agreement
(PLEASE READ CAREFULLY & INITIAL EACH SECTION)

In consideration to my participation in St. Jude Hockey Club Off-Ice Training (herein referred to as SJOI) in the facility located @ 5445 – 5505 W. 127th St., Crestwood Il., I hereby by release and discharge SJOI, together with their agents - specifically but not limited to Don Mc Grath, Marianne Zarzecki of Beverly Fitness LLC, Shelly Maynard, coaches, employees, officers, owners, volunteers, and all other participants forward on behalf of myself, my children, my parents, my heirs, and assigns as follows:

- 1) I acknowledge that the sport of hockey / hockey training involves known & unknown risks which could result in physical or emotional injury, paralysis, death, or damage to participants, to myself, to property, or to third parties, and that such risks simply cannot be eliminated. This training includes & is not limited to Aerobic / Anaerobic training, weight training, plyometrics, ballistic jump training, Russian Box training, jump rope jumping, dry land striding, slide boarding, various body weight exercises and other resistance work outs. To that end, I further acknowledge that SJOI is **not** responsible for a participants fitness, abilities, or the equipment being used. _____ INITIAL
- 2) I acknowledge and agree to accept and assume any & all of the risks, bodily injury, death, or property damage attendant to this activity. My child's participation in this activity is purely voluntary and I elect to participate notwithstanding the risks. _____ INITIAL
- 3) I, _____ FOR MY CHILD _____, MYSELF, HEIRS, ASSIGNS, INSURANCE CARRIERS, AND PERSONAL REPRESENTATIVES, RELEASE AND HOLD FREE FROM ANY AND ALL LIABILITY, WHETHER CAUSED BY NEGLIGENCE, GROSS NEGLIGENCE, MALPRACTICE OR OTHERWISE, DON MC GRATH, MARIANNE ZARZECKI, SHELLY MAYNARD, THE OWNERS OF 5445 – 5505 W. 127TH ST., CRESTWOOD ILLINOIS (AND ANY OF IT'S AGENTS, EMPLOYEES, INDEPENDENT CONTRACTORS, OTHER INSTRUCTORS OR VOLUNTEERS), OR OTHER ENTITIES IN WHICH DON MC GRATH / MARIANNE ZARZECKI, SHELLY MAYNARD, HAS AN INTEREST IN, FROM ANY AND ALL CLAIMS, DEMANDS, AND CAUSES OF ACTION RESULTING FROM INJURY TO PROGRAM PARTICIPANTS OR THEIR PROPERTY ARISING FROM PARTICIPATION IN ANY EXERCISE PROGRAM. _____ INITIAL
- 4) I hereby voluntarily release, forever discharge, & agree to indemnify and hold harmless SJOI from any and all claims, demands, or causes of action which are in any way connected with my child's use of SJOI equipment or facilities whether "on" or "Off" the ice, including any claims which allege negligence, gross negligence, or malpractice of the owners or agents as described above or omissions on the part of SJOI. _____ INITIAL
- 5) In the event SJOI, or anyone acting on their behalf, is required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold harmless for all such fees & costs. _____ INITIAL
- 6) I certify that my child has adequate insurance coverage for any injury or damage I may cause or suffer while participating and agree to bear any & all costs for such injury or damage. I further certify that my child has no medical or physical conditions which could interfere with my safety in this activity, and am willing to assume all risks and costs that may result, directly or indirectly, from any such condition. _____ INITIAL
- 7) I have read and voluntarily sign this release and waiver of liability and further agree no oral representations, statements or inducements apart from the forgoing written agreement have been made. _____ INITIAL

Participant's Name (printed) _____

Parents / Guardian Name (printed) _____

Parents / Guardian Signature _____

Date _____