

# Franklin Park Ice Arena

## Winter 2009-10 Program Schedule



Our Skating School class schedule is eleven weeks per session. Our program features:

- ◆ *more* time to practice and master the elements required
- ◆ *more* instruction time before testing
- ◆ *more* favorable outcome even when one or two classes are missed due to illness or school events

*It's easy to register.* Fill out the registration form and either drop it off at the ice arena, open 9:00 a.m.-8:00 p.m. daily, mail it, or send it via fax to 847-671-4755 with your credit card information. We will process your registration and contact you if there is a conflict. A receipt will be mailed verifying your participation in the program. Session 2 will be eleven weeks long.

Visit our web site at [fpice.com](http://fpice.com)

### *About our Skating School...*

- ◆ Classes meet once per week
- ◆ Progress Reports are given at the end of each session
- ◆ Our professional coaches are available for "private lessons" if extra help is needed
- ◆ Spectators are not allowed in the Studio Arena
- ◆ Pro-rated refund requests are accepted at the front counter until the end of the second week of class. An administrative fee will be charged.
- ◆ You can enroll in more than one class
- ◆ There are no "make-ups"
- ◆ Students can attend special "free" practices, see front desk staff or our website for the schedule
- ◆ Freestyle ice and Public Skating sessions are available at an extra charge for additional practice time

## Spring Ice Show 2010

### *It's the highlight of the season!*

Don't miss out on your chance to *shine* in our Annual Spring Ice Show! **Registration for the Spring Ice Show begins December 14.** Students participating in Session 2 and 3 of lessons are eligible to participate.

***Everyone who registers by December 31 will be entered into a raffle for \$50 of Franklin Rewards.***

Additional information on the Spring Ice Show is available on page 2. **Watch for our detailed Spring Ice Show brochure available November 30.** This is an event you don't want to miss!

We also offer gift certificates at the front counter. Give the gift of ice skating! See our Front Counter staff for more details.

### **Session II: November 30, 2009-February 27, 2010**

*Take a few minutes to review the skating school schedule and find the classes appropriate for your age and ability. A complete schedule of classes offered are on pages 3 and 4.*

**Don't delay...Registration begins soon!**

Residents "In-District": November 16

Returning Students from Fall: November 17

Open (NEW Students): November 18

*Open daily 9:00 a.m. - 8:00 p.m.*

**Park District**  
of FRANKLIN PARK  
*Ice Arena*

[www.fpice.com](http://www.fpice.com)



## 36th Annual Spring Ice Show

Friday, May 14 and  
Saturday, May 15 - 7:00 PM  
Sunday, May 16 - 2:00 PM

Registration for the Spring Ice Show will start December 14. This allows five full weeks to get registered. **A deposit of \$50 holds your spot in the show, balance due February 13. The deadline to submit your deposit and costume size is January 17. Register by December 31 and your name will be entered into a raffle for \$50 of Franklin Rewards for each costume ordered!**

A tentative rehearsal schedule will be available **November 30**. Please check it carefully before registering for the show. **Please make sure you provide your email address at the time of registration.** All of the information about the show and any changes or additions will be emailed and posted on the lobby bulletin board by the Studio Arena. **Parents are advised to check their email and the board on a regular basis.** You can also download the information off our web site at [www.fpice.com](http://www.fpice.com).

Whether you're a Tot or an advanced freestyle skater, *we want you* to be part of our Spring Ice Show. ***It's as easy as 1-2-3 and you'll be ready for the spotlight!***

**ONE!** Students will need to be enrolled in Session 2 and 3 of Skating School group classes and the recital. *Be sure to complete the costume sizing information on the registration form.* Everyone who participates in the show will also be able to be in the first or second half finale!

**TWO!** Starting **December 14**, submit your deposit and costume size by January 17. You will receive: rehearsal time, professional choreography and a quality costume. You may need to provide small costume accessories such as tights, gloves, boot covers or turtleneck shirts.

**THREE!** Attend your scheduled group rehearsals the run-through, dress rehearsal and perform in 3 shows!

### **ATTENTION ISI TESTED FS 4 AND ABOVE SKATERS!**

If you meet one of the following criteria, you may be eligible to participate in the 2010 Spring Ice Show Solo and Specialty Tryouts. Registering for tryouts automatically enrolls you in our Opening and Finale group numbers. NOTE: You must be registered in one of our regular group numbers to register for tryouts.

**SOLO TRYOUTS:** Wednesday, January 13  
starting at 4:00 p.m.

#### ***Here's what you do:***

- Check your "Franklin Park Skater" status (you must meet one of the following criteria):
  - Participated in group skating classes at the FPIA from June 2009 thru May 2010; OR
  - Participated in the 2009 Summer Skating Camp and have been enrolled in group classes from September 2009 (Session One) continuing through May 2010 (Session Three)
- Confirm that you were tested by an ISI Associate coach, paid your testing fees, and that the national ISI test form for FS 4 or higher has been registered.
- ALL audition skaters and one parent are to attend a short, mandatory Pre-Audition Meeting on Wednesday, January 6 at 7:30 PM. All soloists must also be registered in at least one group number aside from the Opening and Grand Finale which are included in the tryout registration.
- Participants *must* be able to attend all scheduled (including Opening Number plus Grand Finale) rehearsals, run-throughs and performances. All participants audition individually. There will be no couple auditions. Pairs, trios and specialty groupings will be based on the tryout process and determined by the Ice Show Director.
- Participants must agree to accept the solo or specialty role as assigned and follow the suggested costume design and color recommendations. Failing to do so may result in a change in assignment.
- All skaters who meet the "Franklin Park Skater" requirements that are ISI tested Freestyle 7 or above do not need to tryout for a solo. Skaters will need to fill out a registration form and pay appropriate fee.

**Cost: \$90 #10136**

#### **General Information**

- Skaters who are enrolled in two or more classes are invited to enroll in more than one ice show number. **Please fill out a separate registration form for each show group.**
- Everyone who participates in the show will also be able to be in the first or second half finale!
- Consistent participation during rehearsals is important. Please make sure you confirm your availability prior to registering for the show.

# Holiday Break, December 21-January 2 ~ NO Classes

## TOTS Student/Teacher Ratio 6:1

Beginners AGES 3, 4 & 5 enroll in a weekly class that meets for 30 minutes. As you progress, you'll be promoted to the "Tot 2" class then on to Tot 3...Tot 4.

**Fees reflect a discount for our Tot 1 & Beginner students!**

### TOT 1 beginners ages 3-5 (balancing & marching)

		# of weeks	class #	*ID fee	OD fee
Tuesday~	9:30-10:00 am	11	10187	\$73	\$88
Wednesday~	5:05-5:35 pm	11	10177	\$73	\$88
Thursday~	2:15-2:45 pm	11	10191	\$73	\$88
Thursday~	5:10-5:40 pm	11	10179	\$73	\$88
Saturday~	9:40-10:10 am	11	10178	\$73	\$88

### TOT 2 for Tot 1 graduates (gliding, marching)

Tuesday~	9:30-10:00 am	11	10188	\$77	\$97
Thursday~	5:10-5:40 pm	11	10189	\$77	\$97
Saturday~	9:40-10:10 am	11	10181	\$77	\$97

### TOT 2/3 combined

Wednesday~	5:05-5:35 pm	11	10180	\$77	\$97
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### TOT 3/4 combined

Tuesday~	10:00-10:30 am	11	10182	\$77	\$97
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### TOT 3 for Tot 2 graduates (dip, wiggle, back swizzle, begin stroking, stop)

Thursday~	4:30-5:00 pm	11	10184	\$77	\$97
Saturday~	10:10-10:40 am	11	10183	\$77	\$97

### TOT 4 for Tot 3 graduates (swizzles, stroking, beginning crossovers)

Thursday~	4:30-5:00 pm	11	10220	\$77	\$97
Saturday~	10:10-10:40 am	11	10219	\$77	\$97

**\*Resident Pass Required for all In-District Residents**

Helmet and hand protection is recommended for all skating activities!

\* = Main Arena ~ = Studio Arena ^ = Meeting Room

## Win \$50 in Franklin Rewards!

Register for the Spring Ice Show by December 31 and your name will be entered into a raffle for \$50.

Watch for our Spring Ice Show brochure available the first week of classes.

One entry for each show registration!

## ADULTS LIKE TO SKATE TOO!

AGES 15 & OLDER any level may enroll in a weekly class. Remain in the same class learning all the skills from our curriculum of Beginner through Delta.

### TEEN/ADULT

Saturday~	9:00-9:40 am	11	10190	\$91	\$111
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### Student/Teacher Ratio 10:1

Beginners AGES 6-14 enroll in a weekly class. Classes meet for 30-40 minutes. As you progress, you'll be promoted to the "Pre-Alpha" class, then on to "Alpha."

		# of weeks	class #	*ID fee	OD fee
Monday~	6:50-7:30 pm	11	10211	\$85	\$103
Wednesday~	6:10-6:45 pm	11	10185	\$78	\$93
Thursday~	5:00-5:40 pm	11	10208	\$85	\$103
Saturday~	9:00-9:40 am	11	10186	\$85	\$103
Saturday~	11:20-12:00 pm	11	10213	\$85	\$103

### PRE ALPHA for skaters who passed Beginners (swizzles, gliding, beginning stroking)

Monday~	6:50-7:30 pm	11	10212	\$91	\$111
Wednesday~	6:45-7:25 pm	11	10222	\$91	\$111
Saturday~	11:20-12:00 pm	11	10192	\$91	\$111

### ALPHA 1 (snowplow stop, forward stroking and crossovers)

Monday~	5:25-6:05 pm	11	10223	\$91	\$111
Thursday~	5:40-6:20 pm	11	10210	\$91	\$111
Saturday~	10:40-11:20 am	11	10214	\$91	\$111

### ALPHA 2 (snowplow stop, forward stroking and crossovers)

Monday~	6:10-6:50 pm	11	10193	\$91	\$111
Saturday~	10:40-11:20 am	11	10218	\$91	\$111

### ALPHA 1/2 combined

Wednesday~	6:10-6:45 pm	11	10173	\$81	\$96
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NOTE: Skaters will be divided into levels by week 3.

### BETA 1/2 combined (t-stops, back stroking and crossovers)

Monday~	6:10-6:50 pm	11	10217	\$91	\$111
Wednesday~	6:45-7:25 pm	11	10194	\$91	\$111
Thursday*	4:30-5:10 pm	11	10216	\$91	\$111

NOTE: Skaters will be divided into appropriate levels.

### GAMMA (3-turns, mohawks, hockey stops)

Monday~	5:25-6:05 pm	11	10196	\$91	\$111
Wednesday~	5:35-6:10 pm	11	10195	\$81	\$96

### DELTA (forward edges, inside 3-turns, bunny hops and lunges)

Monday~	5:25-6:05 pm	11	10215	\$91	\$111
Wednesday~	5:35-6:10 pm	11	10218	\$81	\$96

## IMPORTANT!

There is a minimum registration of six (6) students per class.

Register early or your class may be cancelled.

# Holiday Break, December 21-January 2 ~ NO Classes

	# of weeks	class #	*ID fee	OD fee
<b>FREESTYLE 1</b> (back edges, waltz & 1/2 flip jumps, forward spiral & 2-foot spin for Delta graduates)				
Monday*	6:05-6:45 pm	11	10224 \$99	\$118
Wednesday~	5:35-6:10 pm	11	10225 \$87	\$103
<b>FREESTYLE 1-3 Combined</b>				
Thursday*	4:30-5:10 pm	11	10207 \$99	\$118
<b>FREESTYLE 2-3 Combined</b>				
Monday*	5:25-6:05 pm	11	10197 \$99	\$118
<b>FREESTYLE 4</b> (flip, loop, sit spin, back 3-turns, back spirals)				
Monday*	5:25-6:05 pm	11	10198 \$99	\$118
<b>FREESTYLE 5</b> (axel, lutz, camel, camel sit spin and footwork)				
Monday*	5:25-6:05 pm	11	10199 \$99	\$118

**HIGH FREESTYLE 6+** This NEW class is for freestyle skaters who have passed the FPIA Freestyle 5 class. Skaters will learn edge and turn technique, spins and jumps in a new format. Skaters at the advanced level will now get the opportunity in class to learn skills from many different ISI levels as well as skills outside the ISI curriculum. There will be no testing done for this class. Developing news skills will be the primary focus.

Monday\* 6:05-6:45 pm 11 10200 \$99 \$118

\* = Main Arena ~ = Studio Arena ^ = Meeting Room

## Ballet and Jazz Classes (FRIDAYS)

Technical components will be learned in the first half of this class to work towards learning new dance techniques. This class will explore jazz, contemporary, hip hop and lyrical styles of dance for the beginners class and ballet for the intermediate class. This very energetic and up beat class will leave you wanting more!

Beginners (6 yrs. +) 4:25-5:25 pm 11 10175 \$108 \$129  
Intermediate (11 yrs. +) 5:25-6:55 pm 11 10176 \$128 \$149

**Intermediate students must have at least one year of ballet experience or approval by instructor.**

Instructor: Erin Polanshek  
Maximum 12 students per class

## Stan's Fit KIDZ: Off Ice Conditioning for Skaters

Students will participate in a challenging workout that has proven results. Wear a good pair of gym shoes and bring a jump rope and water bottle to class.

Class meets on Thursdays  
FS 4 and up: 5:45-6:25 pm 11 10206 \$78 \$93

Instructor: Stan Dubicki  
Maximum 15 students per class

## SPECIALTY CLASSES

**SKATE INTO SYNCHRO:** For Pre-Alpha through Delta students 6 years and above who are registered for Session 2. This class will emphasize the basics to develop a foundation for synchronized team skating. Students will learn to skate together in formations including lines, circles and blocks. The class will be divided into skill-building and performance time each week.  
Thursday\* 4:30-5:10 pm 11 10227 \$108 \$129

**POWER & STYLE:** Take your skating skills to the next level! This class focuses on improving edge quality and power while developing artistry and presentation. Exercises and drills are performed to music. For skaters at the FS 2 and up level.  
Thursday\* 5:10-5:40 pm 11 10228 \$108 \$129

**INTRO to BAG O' TRICKS:** For skaters at the Delta-FS 2 level. A fun and popular class now available for our lower level skaters! Interesting and uncaptured moves will be learned and incorporated into program-like sections. Students may be asked to be involved in demonstrations or exhibitions from time to time.  
Thursday~ 5:40-6:20 pm 11 10202 \$108 \$129

**AXEL CLASS:** For skaters at the FS 4 and 5 level. This class will focus on mastering the Axel. The skating harness will be utilized with this class.  
Thursday\* 4:30-5:10 pm 11 10204 \$108 \$129



## (L\*A\*C\*E) Learning and Cultivating Education Student Teacher Training Program

Students must be in high school and passed ISI tested FS5 to participate!

The Franklin Park Ice Arena is excited to offer a student teacher training program designed to introduce skaters into the world of teaching. This program will be limited to ten skaters only to allow for a more personalized assessment of the students progress. **Details of the program are available at the front desk or fpice.com.**

**Level 2: Gamma-Freestyle 1**  
Thursday^ 6:30-7:10 pm 9 10174 \$113 \$126